

UNIT 6

Bits and pieces!

LESSON 1: FOODstuff!

LESSON 2: TEEN Voice!

LESSON 3: The four corners of the Earth!

1. **Are your eating habits healthy?**
Do this quiz to find out.

2. **School Uniforms: Love or Hate? A SURVEY**
Take part in our poll!

3. **Homework Helper**
This Week: 'Geography'
Are you good at geography?
Do you know the longest river in the world?
You can now top your teacher!

'Homework Helper! Mmm... interesting!'

Can you match the links (1-3) above with the children's comments (a-c)?

a. 'I know Jennifer wears a school uniform. Who else?'

b. 'Great quiz! I'll send it to all my e-friends!'

b. 'Homework Helper! Mmm... interesting!'

In Unit 6 you will...

READ

- A quiz about healthy eating habits
- A web survey on school uniforms
- A project on water facts
- A UK map & information table

LISTEN TO

- A radio quiz programme about geography

LINK TO

- Health • Home Economics • Geography • Maths

TALK ABOUT

- your eating habits
- what there is in your shopping bag
- your opinion about school uniforms
- ideal clothes and accessories for school

WRITE

- a leaflet about healthy eating habits
- a short article about the UK

Lesson 1



Jennifer is sending this webpage to her e-friends. What is it about?

Do you like burgers and chips?
What's your favourite snack?



Reading

1 Are your eating habits healthy? Do this quiz to find out.

Yahoo! - Microsoft Internet Explorer provided by DTEnet
www.thinkteen.gr

Are you eating habits healthy?

- 1. What do you usually eat at school breaks?**

a. crisps or chocolate bars
b. a sandwich or a cheese pie
c. fruit
- 2. How often do you eat fast food (pizza, burgers etc.)?**

a. twice a week
b. once a week
c. once a month
- 3. What do you drink when you're thirsty?**

a. a fizzy drink
b. milk or juice
c. water
- 4. How often do you eat fresh salads and fruit?**

a. Almost never. I don't like them.
b. When my parents say so but I don't really like them.
c. Every day because I like them.
- 5. Do you have a snack while you're watching TV?**

a. always
b. sometimes
c. I don't eat when I watch TV.

Start Yahoo! - Microsoft Int... 18:07

YOUR SCORE

If you have more a answers: In your everyday diet, there is a lot of fat and sugar. You should do something about it because this kind of food is really bad for your heart and your teeth. Eat three home made meals a day and drink a lot of water. Do you play any sports? If you don't, you should walk a lot.

If you have more b answers: Your everyday diet is healthy. You don't eat much fat or sugar. Try not to buy many juices or pies. Prefer home made snacks like cheese and tomato sandwiches or fruit. And take some exercise every day.

If you have more c answers: Congratulations! Your eating habits are very healthy. There are lots of vitamins in what you eat every day. You know what is good for you so you shouldn't worry if you sometimes eat a burger or a slice of pizza.

2 Do you agree with the results of the quiz? Why / Why not?

Foodstuff1



Vocabulary Link

Food and Snacks

1 Jennifer's class is exploring the Health Link and they are preparing a poster about healthy eating habits. Here are the items they want to put on it. Write the words (a-j) under the drawings (1-10). Then listen and check.

- | | | | | |
|------------|-----------------|---------------|-----------------|-----------|
| a. yoghurt | c. meat | e. vegetables | g. chips | i. sweets |
| b. fish | d. fizzy drinks | f. chicken | h. sausage pies | j. fruit |

It's OK!

Be careful!

1 Here is one of the word games on the site. Circle the words to form FOOD collocations.

- a. A slice of **breadpizzacaketoastham**
- b. A carton of **orangejuicemilkicecreamyoghurt**
- c. A packet of **cerealcornflakescrispsbiscuits**
- d. A tin/can of **cokebeertuna**
- e. A chocolate **barbiscuitcakeeggicecream**



Speaking

MEMORY GAME

Look at pages 136-137 & 139-140 and play the game.

Lesson 1



Grammar Link





Countable / Uncountable nouns
A lot of / much / many / how much / how many

1 Which of these can we count? Make two lists.

<p>One, two, three</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>Countable nouns</p>	<p>Some</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>.....</p> <p>Uncountable nouns</p>
---	--



2 Study the example sentences and complete the Grammar table

<ul style="list-style-type: none"> • How many burgers do you eat? • I eat a lot of burgers. 	<ul style="list-style-type: none"> • How much milk do you drink? • I drink a lot of milk. 
<ul style="list-style-type: none"> • I don't eat many burgers. 	<ul style="list-style-type: none"> • I don't drink much milk. 

Put a tick (✓) in the right box:

NOUNS	a lot of	(How) many	(How) much
COUNTABLE			
UNCOUNTABLE			

see Grammar Appendix, page 151

Giving Advice

3 Look at the example sentences and complete the Grammar box.

- You **should** walk a lot.
- You **shouldn't** eat in front of the TV.

We use / **shouldn't** to give advice.

Check with the Grammar Appendix, page 152.

Foodstuff!



Writing

This is the Food Guide Pyramid. What does it say about healthy eating habits?

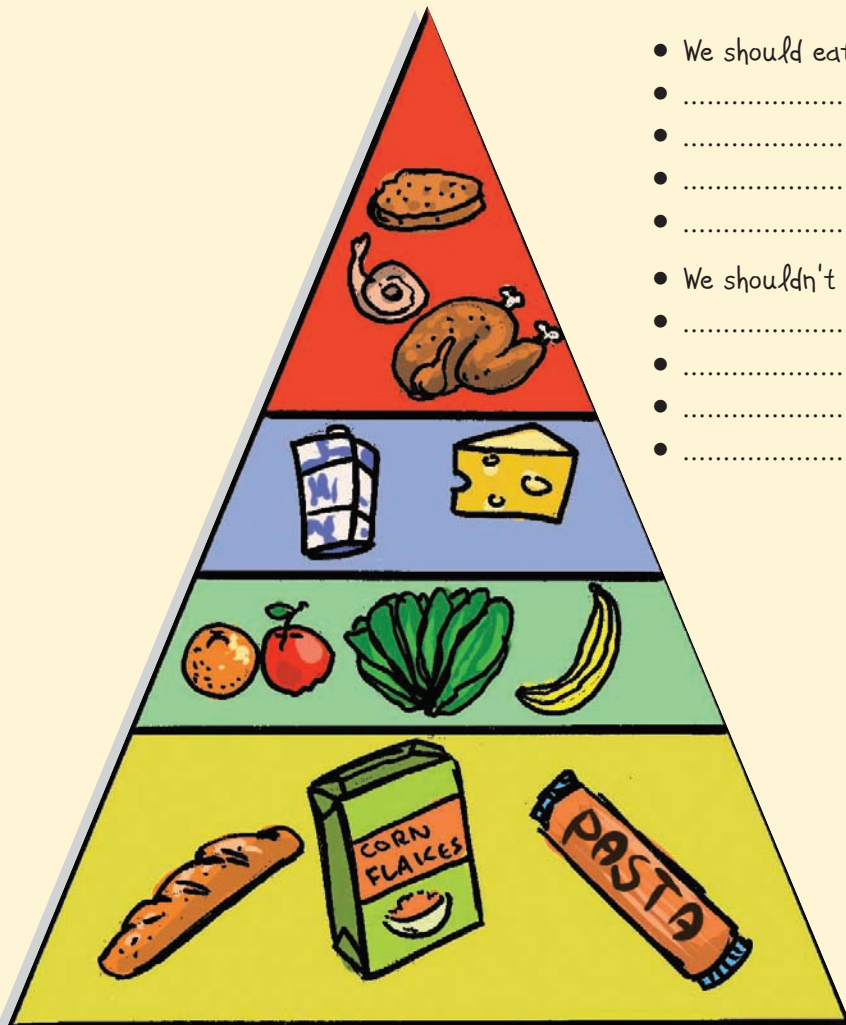


Leaflet about healthy eating habits

- 1 Which eating habits are healthy for:
 - a. a student of your age
 - b. an athlete of your age
 - c. a student who wants to lose weight?

- 2 In pairs, prepare a leaflet about healthy eating habits for teenagers. Use the information in the Food Pyramid and your PE textbook. You can add drawings, photos and statistics. Put your leaflets on display.

Healthy Eating Habits for Teenagers



- We should eat a lot of vegetables.
-
-
-
-
- We shouldn't eat much chocolate.
-
-
-

Lesson 1

Foodstuff!



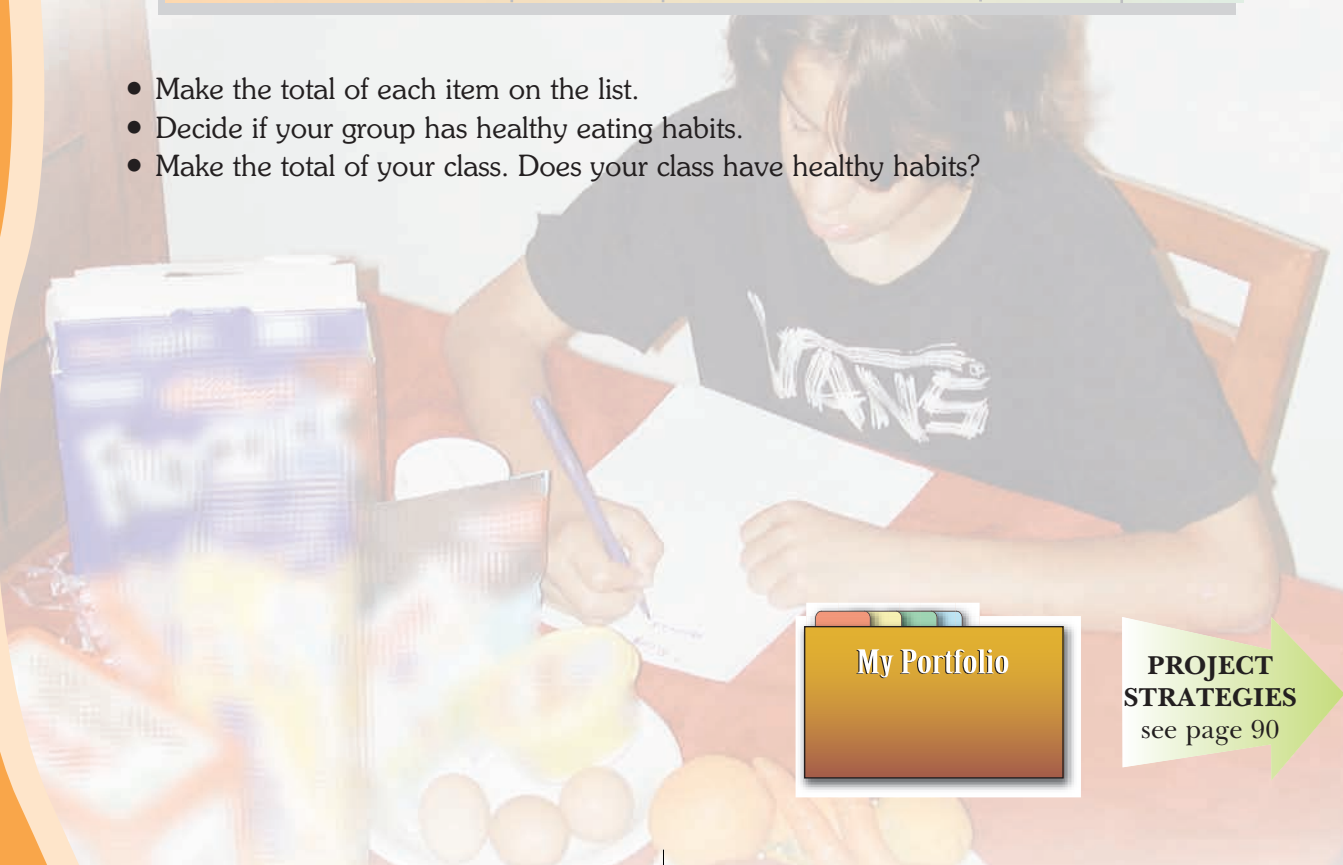
Project

A class survey - Is our diet healthy?

- Write down how many of the items in the questionnaire you eat or drink in a week. You need a weekly diary.
- Bring your diary in class.
- Get in groups of 4 and ask your partners about his/her eating habits. Complete the questionnaire.

FOOD & DRINK	How many / much?				GROUP Total	CLASS Total
NAME						
milk	5 glasses					
burgers						
crisps						
apples						
yoghurt			3 cartons			
pizza						
fizzy drinks						

- Make the total of each item on the list.
- Decide if your group has healthy eating habits.
- Make the total of your class. Does your class have healthy habits?



My Portfolio

PROJECT STRATEGIES
see page 90

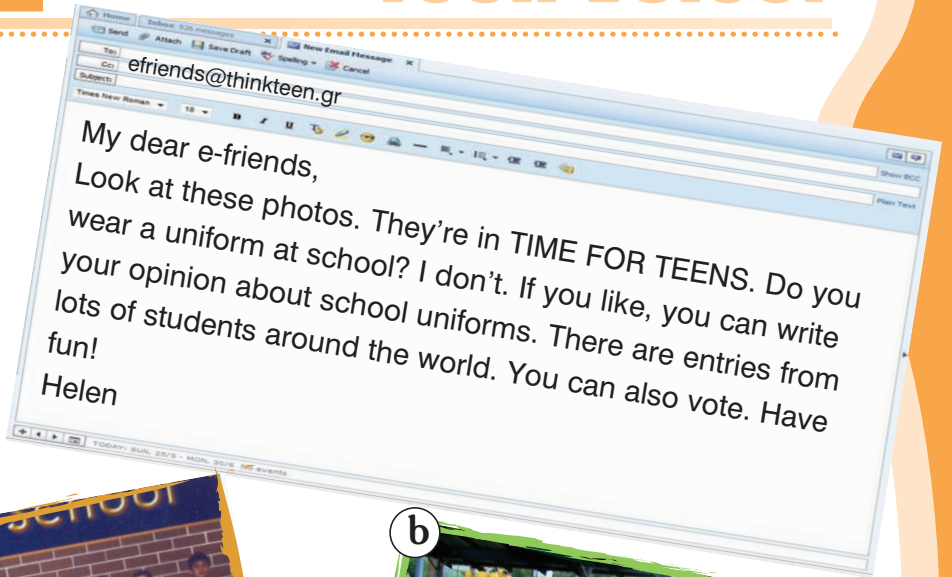
Lesson 2

Teen Voice!



Reading

1 Look at Helen's e-mail to her e-friends. What is it about? What can you see in the photos?



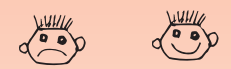
2 Find out what students think about school uniforms. Read their entries on page 80 and complete the form with the results of the survey.

- 3 Look more closely. Which e-friend...
- a. finds uniforms more comfortable?
 - b. works better in his / her clothes?
 - c. doesn't like to spend money on uniforms?
 - d. has problems with other students?
 - e. wants to change his / her uniform?
 - f. thinks he's lucky?

School Uniforms: Love or Hate? A SURVEY

Number of entries: 6

don't like like



- 1. John (Canadian) -
- 2.
- 3.
- 4.
- 5.
- 6.

..... out of 6

..... out of 6

Lesson 2

School Uniforms: Love or Hate?

Poll: School Uniforms
Love or Hate? Vote now!

1 Terrible idea! I want to look different, not the same with all my classmates. I find my clothes more comfortable. On *No Uniform Day* I think I'm a better student!
John, from Canada

2 I don't mind my uniform - it's comfortable and it's a symbol of our school. And of course, I don't have to worry about what to wear every morning.
Pete, from Australia

3 Uniforms are sometimes more expensive than our clothes. We spend a lot of money to buy something we wear only at school!
Silou, from Indonesia

4 My classmates usually pick on me because I always wear cheaper clothes. My parents can't buy me whatever I like. So, I prefer my uniform. Everybody is the same at school.
Vanessa, from Japan

5 We're luckier than teenagers in other countries. We don't have to wear a uniform. School is nicer if you wear cool clothes. What do you think?
Spyros, from Greece

6 The problem is that they look awful! Can we design our uniform and choose something trendy? What about a polo shirt, jeans and colourful trainers? They're more practical than those long skirts and ties.
Jennifer, from England

4 *What is your opinion about school uniforms? Which student(s) do you agree with?*

5 *Vote for TIME FOR TEENS in class. School Uniforms: Love or Hate? What are your results?*

e.g. In our class, 5 out of like / hate school uniforms.

Language Bank

I agree / don't agree with

I think / don't think that....

In my opinion, X is right /

wrong because ...

TEEN Voice!



Vocabulary Link

Guessing words from context

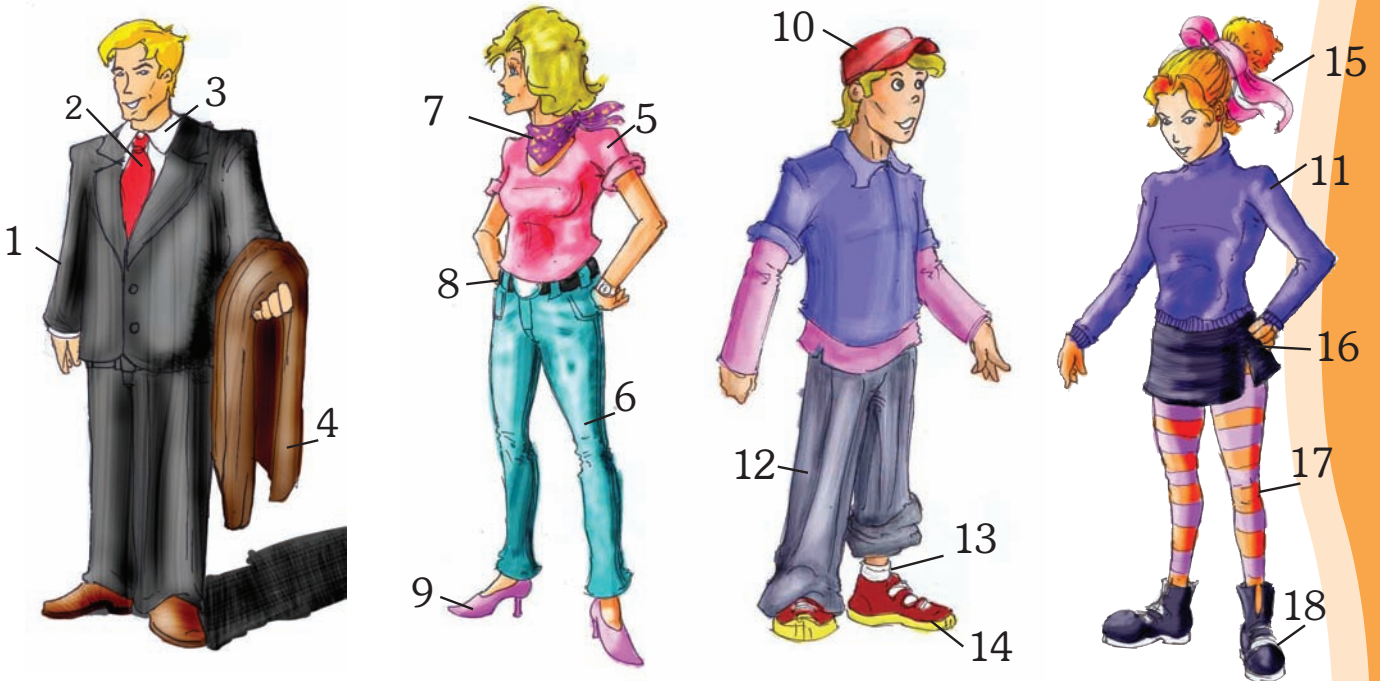
1 Look at the webpage and find words the students are using that mean: **Task 35- p.184**

- | | |
|------------------------------------|--|
| a. nice to wear ①..... | e. not to be polite to sb ④..... |
| b. it's not important to me ①..... | f. very bad ⑥..... |
| c. think about all the time ②..... | g. modern ⑥..... |
| d. it costs a lot of money ③..... | h. comfortable and easy to wear ⑥..... |

Clothes & Accessories

2 What do we usually wear? Look at the pictures and write the numbers (1- 18) next to the words in the box. Then listen and check.

- | | | | | | |
|-------------|----------------|--------------|-----------|--------------|---------------|
| ... jeans | ... shirt | ... skirt | ... boots | ... trainers | ... suit |
| ... T-shirt | ... high heels | ... trousers | ... scarf | ... coat | ... socks |
| ... sweater | ... leggings | ... belt | ... cap | ... tie | ... hair band |



3 Find the answers to the vocabulary quiz. Is there something else you usually wear and you want to learn the English word for? In groups, look the word(s) up in your dictionary.

Vocabulary Quiz

a uniform - a tracksuit
a costume - a suit

Which one do you wear at PE lessons?
Which one do you wear at the carnival?

Lesson 2



Grammar Link

Plural Nouns

1 Look at the example sentence and complete the Grammar box.

- My new jeans are cool.

Complete:

Words like **jeans** / **pyjamas** / **trousers** / **shorts** / **leggings** are always in singular / plural.

see Grammar Appendix, page 152.

Comparison - Comparative Form

2 Look at the example sentences and complete the Grammar table.

- My clothes are **cheaper than** my school uniform.
- Jeans are **nicer than** school uniforms.
- We're **luckier than** teenagers in other countries.
- I find my clothes **more comfortable than** a school uniform.
- My uniform is **better than** Vanessa's.

a. Tick ✓ the correct answer. In the sentences above we compare:

- two people or things?
- more than two people or things?

b. Complete with the correct form:

POSITIVE	COMPARATIVE
cheap	cheaper than
nice	
easy	
	more interesting than
practical	
good	better than
bad	worse than

see Grammar Appendix, page 152

Pronunciation Link

/ ə /

1 We use the sound / ə / in syllables that are not stressed. Listen and practise saying the following words. Helen has changed the spelling to show you when to make the / ə / sound.

photograph (photəgraph) opinion (əpiniən) polite (pəlite) about (əbout)

2 Listen, find the / ə / sound and write the words in the brackets the way Helen did.

karate (1) police (2) library (3)
 parents (4) London (5) breakfast (6)
 Saturday (7) geography (8)

Teen Voice!



Speaking

Which of the two is ideal for school?



In pairs, compare these items. Then, tell the class what you prefer and why. Task 36- p.185



Language Bank

- flashy top,
- straps, fleece,
- tight jeans,
- high heels

Think!

What adjectives do you need?

- heavy, light,
- trendy, practical

.....

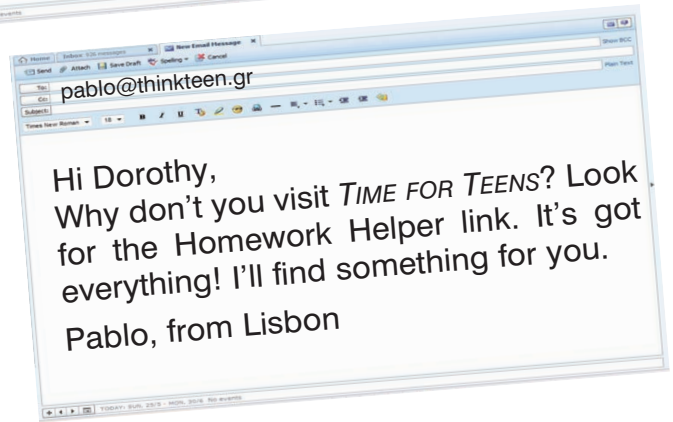
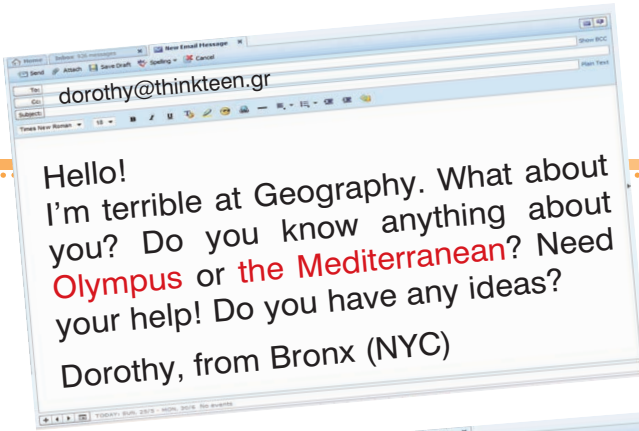
.....

.....

.....

Lesson 3

Look at these e-mails.
Who are the writers?
What are they about?

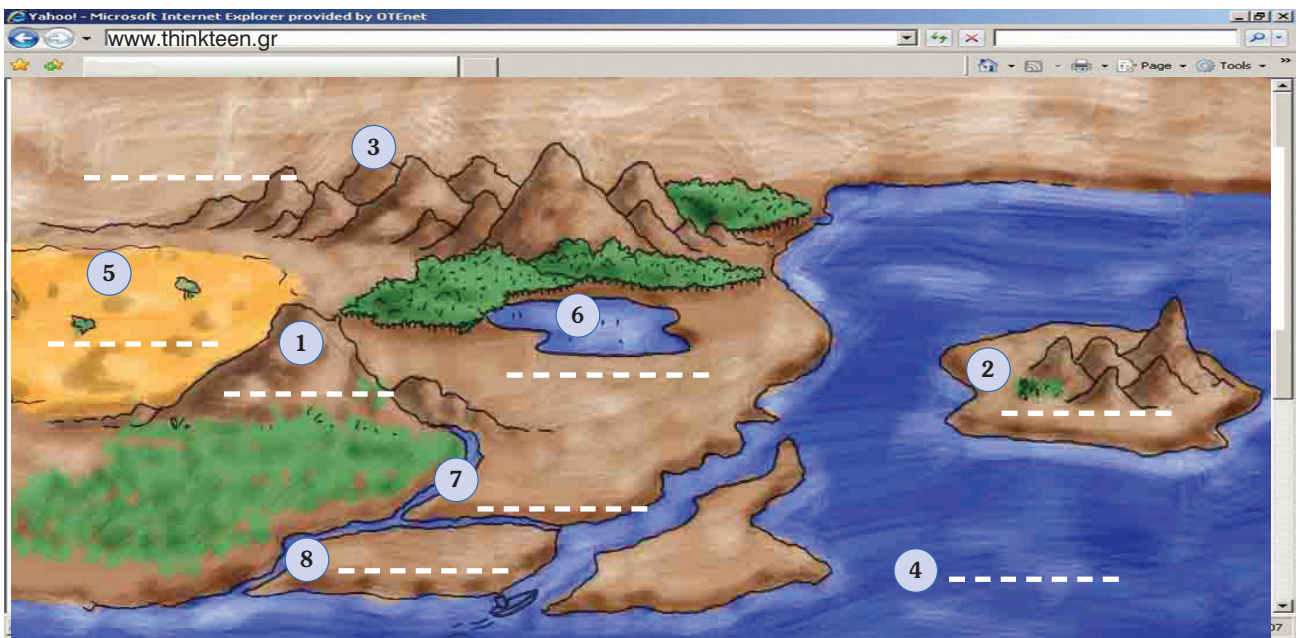


Vocabulary Link

Geographical Words

- 1 Are you good at geography? Write the geographical words on it. Then, listen and check.

an island the sea a lake a mountain a desert a river a mountain range



- 2 Find one Greek example for each geographical feature. Which ones can't you find in Greece?



Listening

Dorothy used this radio programme for her project. Listen to it and complete her notes.

Task 37- p.186

1. Name of the quiz?
2. Number of questions?
3. What's the prize?.....
4. Call on

- Q 1: Which of the two rivers is longer?
- Q 2: Does James know the answer? Yes / No
- Q 3: Which mountain is it about?
- Q 4: What is it about? a country/ a continent/ a city
- Q 5: What is the name of the lake?

The four corners of the Earth!



Reading

- 1 *In groups, find the following places on your world map. What do you know about them?*

the Pacific Ocean Israel Egypt South America Venezuela the Arctic Ocean

- 2 *Pablo sent Dorothy this text to help her with her project. Look at the title and say what it is about.*

- 3 *Read the text quickly to find:*

a. a small ocean b. the height of Mount Everest c. a rainforest d. a park

Yahoo! - Microsoft Internet Explorer provided by OTEnet

www.thinkteen.gr

THE most interesting water facts

A Geography Project by the Blue Team



The Pacific Ocean is **THE LARGEST OCEAN** in the world. It covers almost a third of the Earth.

THE SMALLEST OCEAN is the Arctic Ocean. It's about 10 times smaller than the Pacific Ocean.

THE DEEPEST SPOT in the ocean is the Mariana Trench. It's about 10,911m deep in the Pacific Ocean. That's deeper than the height of Mount Everest (8,850m), the highest mountain in the world!

THE LOWEST LAKE is the Dead Sea on the border of Israel and Jordan. Its water is 408 m below sea level. The Dead Sea is also the

saltiest lake in the world. That's why almost nothing can live in it.

The River Nile in Egypt is **THE LONGEST RIVER**. It's 6,671km long and flows into the Mediterranean Sea.

The Amazon in South America is **THE LARGEST RIVER** with the greatest water flow. This is because it flows through the Amazon rainforest, the largest and wettest rainforest on our planet.

Angel Falls in Canaima National Park in Venezuela is **THE HIGHEST WATERFALL** in the world at 979m. It's also one of **THE MOST BEAUTIFUL** waterfalls.

Start Yahoo! - Microsoft Int... EN 18:00

Lesson 3

4 Dorothy prepared this table for her geography project. Read the text **Task 38 - p.186** more carefully and complete the facts in it in pairs.

WATER FACTS		
Name	It is	Other info
The Pacific Ocean	1	1/3 of the Earth
2	the smallest ocean	3 smaller than the Pacific
4	the deepest spot	5 m
6	the lowest lake	very salty
7	the longest river	8 m
The Amazon rainforest	9	very wet
Angel Falls	the highest waterfall	10 m

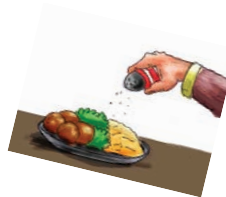
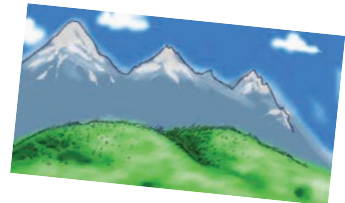
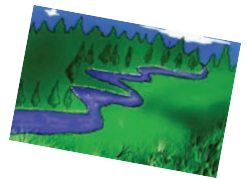
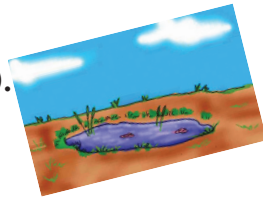
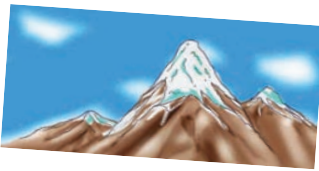
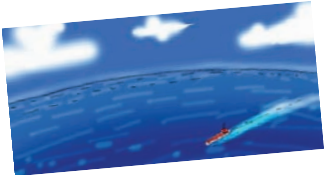


Vocabulary Link

Adjectives

1 Match the adjectives (a-h) with the pictures (1-8).

- a. high
- b. low
- c. long
- d. salty
- e. large
- f. deep
- g. wet
- h. small



1.....

2.....

3.....

4.....

5.....

6.....

7.....

8.....

2 Look at the boxes and practise reading the following numbers with your partner. When do we use 'and'? Circle: before hundreds / before tens

549

Five hundred **and** forty-nine

3,976

Three thousand, nine hundred **and** seventy-six

a. 719

b. 2,065

c. 896

d. 4,182

e. 6,970

f. 304

3 Write down five numbers. Read them to your partner. Can he/she write them correctly?

4 Look at the Water Facts for one minute. Then, close your books. How much information can you remember? Check each other.

Language Bank

How + **adjective** is?

How long is the River Nile?

It's 6,671km long.

The four corners of the Earth!



Grammar Link

Comparison - Superlative Form

1 Study the example sentences and complete the Grammar table.

- a. The River Nile is **the longest** river in the world.
- b. The Pacific Ocean is **the largest** ocean in the world.
- c. The Dead Sea is **the saltiest** lake in the world.
- d. The Amazon rainforest is **the wettest** rainforest in the world.
- e. Angel Falls is **the most beautiful** waterfall in the world.
- f. Blue Team's project was **the best** project in class.

a. Tick ✓ the correct answer. In the sentences above we compare:

- 1. two people or things?
- 2. more than two people or things?

b. Complete with the correct form:

POSITIVE	SUPERLATIVE
long	the longest
large	
salty	
wet	
	the most beautiful
interesting	
good	
bad	the worst

see Grammar Appendix, page 153.

The definite article (the) / Zero article (-)

2 We use the article 'the' with the names of Put a tick ✓ in the correct boxes.

- a. seas
- b. oceans
- c. waterfalls
- d. rivers
- e. mountains
- f. islands
- g. lakes
- h. deserts
- i. mountain ranges

see Grammar Appendix, page 153.

Lesson 3



Writing

- 2 Look at the map of the UK on page 143. How many parts are there? What are their names?
- 2 Write a short article about the UK. Use the facts in this table and the text about WATER FACTS as a model.

Task 39- p.187-8

THE UNITED KINGDOM		
Great Britain (England / Wales / Scotland) & Northern Ireland		
Name	It is	Other info
Ben Nevis	the highest mountain	1344m / Scotland
The Severn	the longest river	338km / Wales and England
Lough Neagh	the largest lake	296 sq. km / Northern Ireland
Isle of Lewis	the biggest island	Scotland
A1	the longest UK road	648 km / London - Edinburgh



Self-Assessment

VOCABULARY LINK

1 Write the words in the correct column.

jeans	desert	milk	bread	lake	suit	coffee	burger
ocean	socks	beer	pizza	scarf	ice cream	cola	island
FOOD	DRINKS	CLOTHES	GEOGRAPHICAL FEATURES				
..... <i>bread</i>
.....
.....
.....

1 POINT FOR 3 CORRECT ANSWERS TOTAL ___/5

2 Follow the example and write what the pictures show.



a carton of yoghurt



1. 2.



3.



4.

1 POINT FOR EACH CORRECT ANSWER TOTAL ___/4

3 Write the numbers.

125 *A hundred and twenty-five*

6,007

2,536

893

11,768

2 POINTS FOR EACH CORRECT ANSWER TOTAL ___/8

GRAMMAR LINK

4 Write the adjectives in positive, comparative and superlative form.

POSITIVE	COMPARATIVE	SUPERLATIVE	POSITIVE	COMPARATIVE	SUPERLATIVE
nice	<i>nicer than</i>		expensive		
fat				luckier than	
	better than		modern		the most modern
		the worst			

½ POINT FOR EACH CORRECT ANSWER TOTAL ___/6

5 Choose the correct word to complete the paragraph.

Our everyday diet ¹... be healthy. We ²... eat ³... fat or sugar. We ⁴... drink ⁵... fizzy drinks. Homemade snacks are ⁶... than fast food and water is ⁷... than fizzy drinks.

- 1. a. should b. shouldn't
- 2. a. should b. shouldn't
- 3. a. many b. much
- 4. a. should b. shouldn't

- 5. a. many b. much
- 6. a. healthier b. healthiest
- 7. a. good b. better

1 POINT FOR EACH CORRECT ANSWER TOTAL ___/7

CHECK YOUR ANSWERS WITH YOUR PARTNER. THEN LOOK AT THE ANSWER KEY ON PAGE 159

0 - 10:




11 - 20:




21 - 25:

26 - 30:

Self-Assessment

Which is true for you? Put a tick ✓ in the right box.

Can-do Checklist	My opinion		
			
a. I can do a quiz on eating habits.			
b. I can make a leaflet about healthy eating habits.			
c. I can compare clothes and accessories for school.			
d. I can understand a radio quiz about geography.			
e. I can read a geography project and complete a table with water facts.			
f. I can read large numbers.			
g. I can write an article about the UK.			

 : I'm very good! What can I revise?	My Notes:
 : I can become better. What should I practise?	
 : I must try harder. What do I need to work on?	

FOCUS ON PROJECT WORK

Tick ✓ the strategies for project work that have helped you in this unit. Which strategies do you want to try in the future?

Project Work Strategies	Great help!	I'll try ...
1. Decide what each of you wants to do.		
2. Make a list of your steps.		
3. Look for information in books, newspapers, magazines or the internet.		
4. In your presentation, use the new language you have learnt.		
5. Use photos, drawings, short texts and/or recorded material.		
6. Use technology (e.g. power point, an overhead projector, a camera, a video camera etc).		

