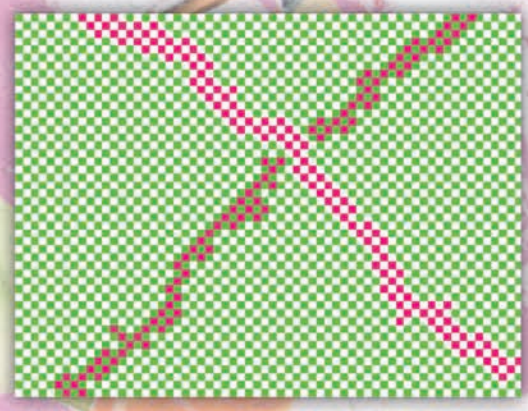


UNIT 7

Shades of meaning!



Shades of meaning!

Activity 1

A. The words in the box are from the Unit. Put them into the correct columns

influence	upbeat	<table border="1"> <thead> <tr> <th>Nouns</th> <th>Adjectives</th> <th>Verbs</th> </tr> </thead> <tbody> <tr> <td style="height: 200px;"></td> <td></td> <td></td> </tr> </tbody> </table>	Nouns	Adjectives	Verbs			
Nouns	Adjectives		Verbs					
airy	balance							
recognize	cosy							
classy	festival							
mixture	judge							
colorants	individuality							
primary	trigger							
exploit								

B. Complete the sentences with a word from activity A.

- a) To make green, you need a of red and blue.
- b) The Holi is held every year in India.
- c) We didn't you with all that make-up on your face!
- d) During the carnival everyone feels excited and
- e) It is necessary to get a of colours when you decorate a room.
- f) The reason for the celebration is religious.
- g) Red and beige can make a room feel warm and
- h) People sometimes others by the colour of clothes they wear.
- i) It is wrong to people by making them work hard and paying them little money.



Activity 2A

Make nouns with the following endings for the words in the list.

-ation -ion -ance -th -/sm -ness

warm depress optimist important inspire enthuse expect deep calm

Activity 2B

Using each of the nouns from the list in activity A, write a sentence to use each.



UNIT 7

Activity 3A

Flags and symbolism

Iceland is a country with ice, volcanoes and mountains. What do you think the flag colours symbolise? Write your answer on the lines provided.



blue _____
 red _____
 white _____

Activity 3B

Which countries do these flags belong to? Read the texts to help you work out which country each flag represents.



a.



b.



c.



d.

i) Green is representative of the Catholic community while the orange represents the Protestant Community. The white in the centre signifies a lasting truce between the two cultures.

ii) A religious interpretation is that the green represents hope, the white represents faith and the red represents charity.

iii) The blue represents the sky and the two oceans that surround the country, the green symbolises the farms and natural environment that are an essential part of the country, the yellow stands for the natural resources, particularly gold, the black represents the black people in the country, doubling as a symbol of belonging with the rest of the continent, and the white represents white people, doubling as a symbol of peace.

iv) The colour red refers to the period before the Revolution which brought a group of army officers to power after deposing King Farouk, the King. This was a period characterized by the struggle against the British occupation of the country. The white symbolizes the start of the 1952 Revolution which ended the monarchy without bloodshed. The colour black symbolizes the end of the oppression of the people at the hands of the Monarchy and British colonialism.



Shades of meaning!

Activity 3C

Look at the Greek flag and write a description of what the colours symbolize.

.....

.....

.....

.....

.....

.....



Activity 4

Complete the following sentences with a word from Unit 7.

- a) John likes to wear red T-shirts to show how he is.
- b) Sometimes Maria puts on her pink woollen sweater to show how she is.
- c) You would think she was in her long purple dress!
- d) We choose a green poster for our project.
- e) He looks very and businesslike in his gray suit.
- f) Black shows how dramatic and she is.
- g) Yellow creates an atmosphere of



Activity 5

Idioms with colours:

- | | |
|--|--|
| <ul style="list-style-type: none"> a) It was a total waste of time b) To be very frightened c) To be very angry d) Happen unexpectedly e) Happen rarely f) Succeed easily in something g) To be very jealous h) To be very embarrassed | <ul style="list-style-type: none"> - The whole thing was a - She was after her ride on the big dipper. - George when his sister broke his mobile. - Maria's invitation came..... We were surprised - We only go to the theatre - Alex passed his exams - When her classmate won the award, Diana was - When she was asked to sing in front of the group, Nora felt |
| <ul style="list-style-type: none"> i) to be discovered doing something | <ul style="list-style-type: none"> - The teacher saw Sally writing her name on the illegally wall and was |



UNIT 7

Activity 6

Find these phrases in Reading 2, p.77, in your Student's Book and use them to complete the following short dialogues.

- a) on the go b) get you going c) have a go d) all the go e) goes on
- i) It's difficult to know what behind the scenes in food factories.
 - ii) Have a hot drink of dark brown chocolate to in the morning.
 - iii) Mum is always and never seems to have time to rest.
 - iv) Dad won't let me at painting my room by myself.
 - v) Bright green is in T-shirts these days and everyone has one.



Activity 7

*Vain York gave in
Richard battle of*

- b) Re-arrange each word to form a rhyme to remember the colours of the rainbow.
- c) Write down the rhyme you use to remember the colours of the spectrum.

RAINBOW PRINCIPLES

**Respect the importance of all beings.
Offer fair and kind treatment to all.
Yearn to learn throughout life.**

**Grow by exploring ideas
and values together.
Believe in your ideas
and act on them.**

**Insist on peace, freedom
and justice for all.**

**Value our interdependence
with nature.**

Shades of meaning!

Activity 8

A. Before you read the article that follows think about how colour affects our psychology and mood and complete the chart.

- a) fear _____ b) love _____ c) jealousy _____
 d) death _____ e) sadness _____ g) anger _____

B. Read the short article to check your answers.

THE PSYCHOLOGY OF COLOUR

The profound effect colour has on our moods, emotions, and behaviour is reflected in the sayings that pepper our everyday language. We unconsciously resort to these to describe how we are feeling or to explain our reaction to something. Using colours that everyone can relate to in these sayings makes them an extremely effective form of communication.

Purple prose

"Purple prose" describes flowery language, in which the writer gets carried away.

Green with envy

To be "green with jealousy or envy" is to be emotionally out of balance - green is the colour that holds the balance between the warm or red end of the colour spectrum and the cool or blue end.



Seeing red

When we say "see red" or "it was like a red rag to a bull", we are describing a response that is invariably immediate and involves anger or aggression. This is something that is very deeply ingrained in us. If our ancestors had not met the threat of danger with the will to fight or the strength and speed to run away - the so-called "fight or flight" response - we would not have evolved to the present day.



Yellow-bellied

"Yellow" or "yellow-bellied" is often used to describe a coward, someone who will not move to defend himself or someone else.



The blues

When we say we have "the blues", we are communicating that we are in solitary, introverted mode.



Black dog

A "colourful character" is someone who has lived a full and interesting life; "colourful language" often includes words of the four-letter variety into which a lot of physical energy is usually put. By contrast, we talk about the "black dog" of depression, using black to describe a world from which all colour, or life, seems to have disappeared.

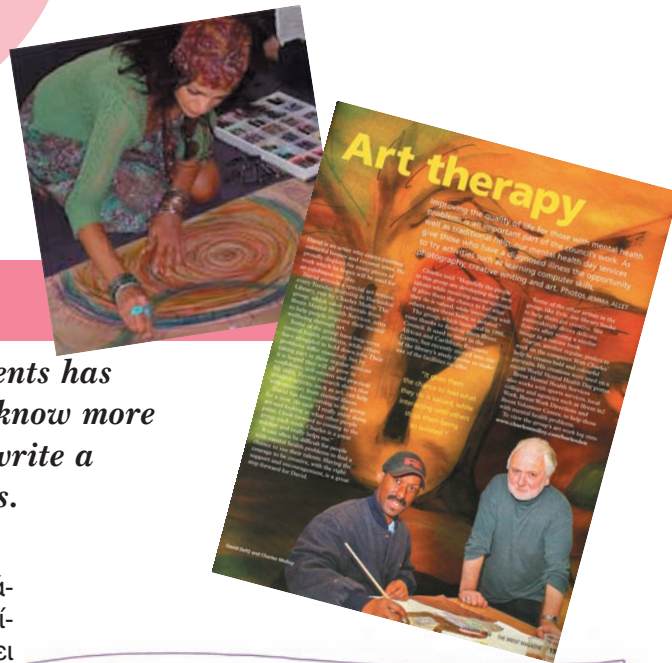
UNIT 7

Activity 9 - Mediation

An English-speaking friend of your parents has heard about Art Therapy and wants to know more about it. Read the Greek text and then write a short description of what Art Therapy is.

Art Therapy

Πριν ακόμη αρχίσει ο άνθρωπος να μιλάει, ζωγράφιζε. Χάραζε σύμβολα στα τοιχώματα των σπηλαίων για να ξορκίσει τους φόβους του, να εκδηλώσει την χαρά του, να πάρει δύναμη. Σήμερα ο άνθρωπος εκφράζεται με πολύ περισσότερα μέσα και αυτό τον έχει απομακρύνει από τον πρωτόγονο τρόπο επικοινωνίας των συναισθημάτων του. Οι επιστήμονες όμως θεωρούν ότι αυτός ο τρόπος έκφρασης μπορεί να θεραπεύσει τους ανθρώπους, απελευθερώνοντας τα συναισθήματα, που οι ίδιοι μπλοκάρουν. Έχουν δημιουργηθεί πολλά κέντρα Art Therapy ανά τον κόσμο και στην Ελλάδα. Ένα τέτοιο κέντρο λειτουργεί στην Σκόπελο.



Activity 10

Fill in the chart with the colours you associate with each of the clothes.

business
school
army
police
hospitals
chef
martial arts



Activity 11

Same or different. Circle the correct word in italics in each sentence.

- Such a dark colour doesn't really inspire/reflect your true personality.
- What shade of blue do you ensure/suggest I use?
- That black tie doesn't match / suit your shirt.
- She uses pink to indicate/express how she feels.
- Please tell/convey my best wishes to your parents.
- The colours in the Greek flag represent/ offer the blue of the sea and the white of the clouds.
- We didn't understand/recognize you with your fake eyelashes and wig.



Shades of meaning!

Activity 12

Match the letters with the numbers.

- | | |
|---------------------------------------|------------------------------------|
| a) We had a great time at the party. | 1). In their everyday lives |
| b) How is your grandfather's brother? | 2) For life! |
| c) What kind of work is she in? | 3) Yes, it was lovely! |
| d) How long will you love him? | 4) No, it was live. |
| e) Was the concert recorded? | 5) She dances for a living |
| f) What do you like about him? | 6) Oh, he's alive and kicking! |
| g) When do they use make-up? | 7) The fact that he lives in Chios |
- a) _____ b) _____ c) _____ d) _____ e) _____ f) _____ g) _____



Activity 13 - Adjectives

A. Match the right meaning to each of the adjectives.

- light : sad
 airy: difficult and mixed up
 dynamic: open and free
 complex: not dark
 tense: energetic
 homesick: not logical
 ridiculous: anxious



B. Write a sentence to use each of the adjectives in the list

Activity 14 - Multi-word units

as long as a great deal be aware of in tune with
 it's your business! tell a great deal think twice

Use the expressions in the box to complete the sentences a- f.

- Whatever you do, you needn't tell me. _____
- The clothes we wear _____ about us.
- You should _____ before you decide to paint the walls black.
- There was _____ of repainting going on in the town in preparation for the carnival.
- It's a good idea to keep _____ the times and know what the latest fashion is.
- Are you _____ the danger of using that dye on your hair?
- We can go the carnival in Patras _____ I find a good costume.



UNIT 7

Activity 15

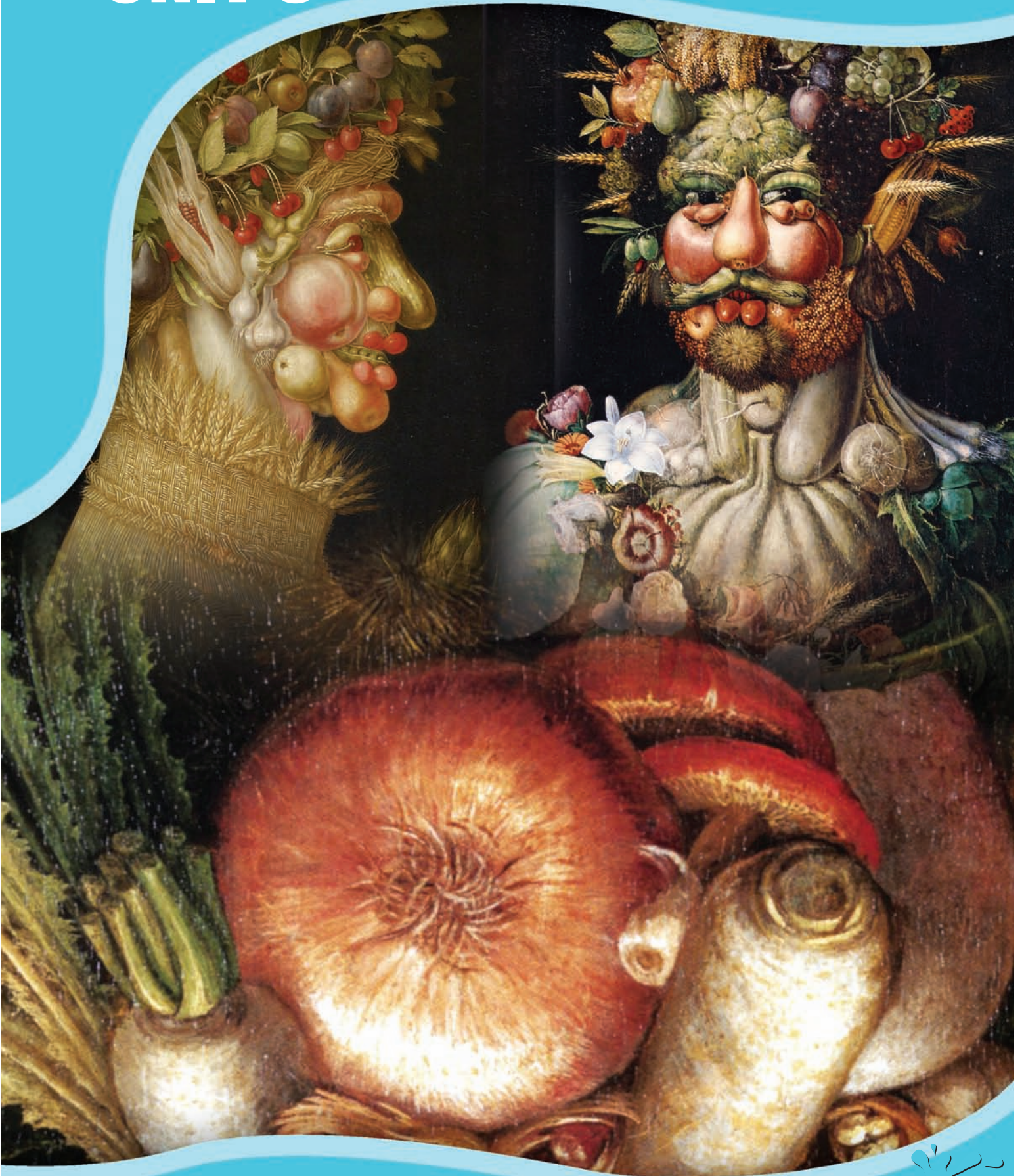
Complete each sentence by choosing the correct word in italics.

- a) We *can/might* dress up for the carnival but I am not so sure yet!
- b) If you want to, you *might/could* borrow my red jacket.
- c) It *could/ can* be a bad idea to use so much make-up on your face.
- d) You really *might/should* take care of your skin better.
- e) It *should/ would* be better to ask your dad to help you paint the room
- f) I think you *could/should* repaint your bike. It's very old looking.
- g) Although you feel happy now, there *should/might* be times when you feel a bit low.



UNIT 8

Food for thought



UNIT 8

Activity 1

Look at the picture. Find ten things you can eat in the word square.

s	u	v	e	g	e	t	a	b	l	e	s
g	a	r	t	i	c	h	p	k	e	h	k
d	r	u	i	g	a	r	p	i	c	e	f
c	u	h	b	t	h	o	l	i	v	e	s
b	u	w	h	e	a	t	e	p	l	n	y
p	o	t	a	t	o	e	s	d	d	e	b
c	d	h	u	b	b	g	r	a	p	e	u
f	s	d	g	m	y	h	c	s	a	r	t
r	e	c	n	l	b	e	a	n	s	t	t
u	l	n	e	t	r	e	k	j	e	v	e
i	e	a	c	r	i	c	e	i	e	s	r
t	a	t	u	r	d	a	y	n	o	w	s



A portrait by Giuseppe Arcimboldo

Activity 2

Look at the shopping trolley and the food that is being bought. What can you tell about the man who is buying this food. For example, does he have a dog? Does he like exercise?



Food for thought

Activity 3 - Reading



Read the text and choose the best caption .

- Being fooled by food
- Being fooled by advertisements
- Being cheated by Brand-names

Brand-name rip-off foods

The processed foods, the popular brand name foods, are the most expensive of all. These deliver the least nutrition for your money. If you buy anything in a pretty box, anything that's been processed, anything that's been advertised on television or something that comes with a coupon, you have been conned. You're being ripped off. Most foods that have coupons are so overpriced to begin with that the food manufacturer is still making money even after you redeem the coupon. If you really want poor nutrition and want to waste a lot of money on foods that aren't doing anything for you health-wise, then buy all the groceries that are advertised. Buy all the stuff that other people around the world who don't know anything about health tend to buy.



Activity 4

Identify the Passive voice

- The cat was eating the fish when we arrived
- A cake was bought for her birthday.
- The cooker is cleaned once a week.
- The cook is preparing lunch for the guests.
- The dog was given a bone.
- Irene lifted the sandwich
- The toast was burnt so we didn't eat it.
- The apples were eaten by the kids.
- Junk food is known to be unhealthy.
- Poor quality meat is used in many sausages.



Activity 5

Rewrite each of the statements in the Passive Voice like in the example.

- You peel orange = **The orange is peeled**
 You melt butter
 You pour juice
 You slice potatoes
 You stir sauce
 You spread honey
 You drain the water



UNIT 8

Activity 6 - Grammar



Complete the following text by putting the verbs into the passive form and into the correct part of the text.

Coffee

use grow boil urge open sell do make
 chew believe publish report frequent discover



Coffee 1 _____ from the beans that grow in the fruits of the coffee plant. There are usually two beans in each fruit and the harvesting 2 _____ by hand. The word 'coffee' derives from the Arabic 'qahwah', a word which 3 _____ originally for wine, but which came to mean coffee. Coffee beans used 4 _____ before it 5 _____ that they 6 _____ in water to make a drink. Coffee drinking began in Arab countries in the 14th century and did not become common in Europe until the 17th century. In 1600 coffee 7 _____ by some Christians to be the devil's drink. In Italy, Pope Clement VIII 8 _____ by his advisers to consider the favorite drink of the Ottoman Empire to be part of the infidel threat. However, he decided to "baptize" it instead, making it an acceptable Christian beverage. At first, coffee 9 _____ by chemists, but it had little impact until the first coffee shop 10 _____ in 1652 and instructions about how to roast and grind the coffee 11 _____. In 1657, the King tried to close coffee shops because they 12 _____ to be noisy. In 1668, Edward Lloyd's coffeehouse opened in London and 13 _____ by merchants and maritime insurance agents. Eventually it became Lloyd's of London, the best-known insurance company in the world. Coffee today 14 _____ and enjoyed worldwide, and is one of the few crops that small farmers in third-world countries can profitably export.



Activity 7

Underline and correct the mistake in each of these sentences.

1. About 13 billion hamburgers are eating by Americans every year.
2. The first hamburger was been served in 1895.
3. Five thousand fast food restaurants were opening in the last ten months.
4. The first cheeseburger was being eaten in 1896.
5. Vegetable meat is using in many fast food products.
6. The new restaurant will open by the Mayor.



Food for thought

Activity 8

Re-write the following three sentences in the passive voice. Compare your answers with your partner.

i) People use **wheat** for many kinds of food.

ii) They produce **olive oil** in Crete.

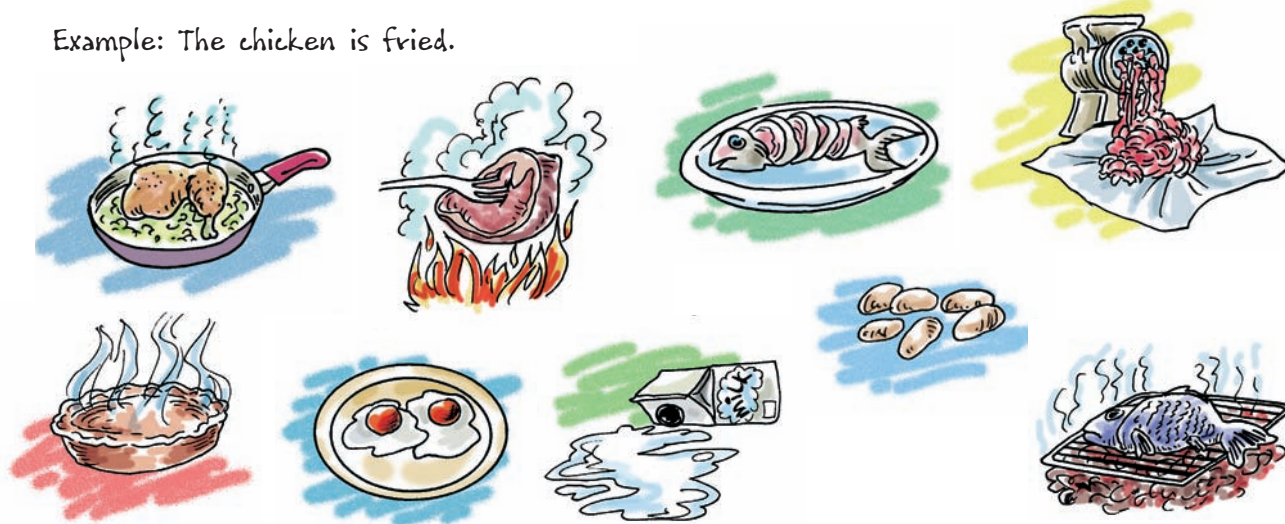
iii) Rice fields cover **most of the country**.



Activity 9

Describe in your notebook what you can see in the pictures.

Example: The chicken is fried.



Activity 10

Complete the idioms in the sentences with suitable expressions.

- All my mates like junk food, but it's not
- She is the of her father's
- He's a real and spends all day in front of the TV.
- Daphne has a and eats three bars of chocolate a day.
- Some people are happy eating the same thing all the time but for me variety is the
- We were planning a secret dinner party for mum, but my little brother and the surprise was ruined.
- Of course, it isn't hard to make a sandwich. It's a
- She teaches some students privately but her..... is her job in the school.
- The meat caught fire but dad remained and sorted everything out.



UNIT 8

Activity 11



Tiramisu



Rice pudding



Risotto

Guess the food

- A. *When it is cooked, the rice is first cooked briefly in butter or olive oil until evenly coated and the rice starts to turn translucent, before broth is added, one ladle at a time. There are other similar dishes, but they should not be called "....." if the rice is not toasted.*
- B. *The biscuits are sprinkled with or briefly soaked in a mixture of coffee, rum, and sugar. They are layered with a mixture of cheese and a custard made from egg yolks, Marsala, and sugar. Cocoa powder is then sprinkled on top. The recipe has been adapted to make cakes, puddings, and other varieties of dessert. Other flavors are often used now in place of coffee, including strawberry, lemon, or chocolate.*
- C. *It is a dessert enjoyed by people of different cultures all over the world, originating in Asia. It is made by combining rice with a sweetener and other ingredients often including milk. The pudding is usually partially cooked on top of the stove in a pan, and then "finished" in an oven.*

Activity 12

Read the newspaper headlines and write out the full sentence about what happened.

- Wild elephants electrocuted after drinking rice beer
- New food rules announced by school head
- Possible closure of fast food chain
- New chip bans from next month
- Fast food outlet found guilty of serving bad meat
- Bad diet linked to obesity
- Diet choices 'written in genes'
- Sweet tooth determined by bacteria

I Brush My Teeth
Twice A Day.



Food for thought

Activity 13

Match the food to a country.

Japan Poland China Ethiopia Russia India Ireland Turkey Jamaica Mexico

- | | |
|----------------|---|
| 1. Doro Wat | a. light dishes to go with tea |
| 2. Jerk fish | b. pieces of raw fish on fried rice |
| 3. Taco | c. bread made with lemon rind |
| 4. Borscht | d. fried pork and chili powder |
| 5. Kolache | e. a beef-filled tortilla |
| 6. Stew | f. beef and vegetables baked in an oven |
| 7. Vindaloo | g. soup made with beetroot |
| 8. Shish kebab | h. steamed dumplings |
| 9. Sushi | i. chicken stewed in red pepper |
| 10. Dimsum | j. grilled meat over coals of wood |



Activity 14

Match each column to form a correct fact.

Example.

Stew - Ireland - beef and vegetables baked in an oven



Activity 15

Use the completed chart in Activity 13 to make two statements about each food using the following example.

Stew is baked in an oven. It is eaten in Ireland

Activity 16

Think as a Greek person and add a comment about the food. For example: 'I would/ wouldn't enjoy eating this kind of food because it is very sweet.'



UNIT 8

Activity 17 - Writing



Task

We would like to hear from our readers what they feel about fast food in Greece today. In what ways has fast food changed the eating habits of many people in Greece?

- places to hang out
- quick
- tasty
- cheap
- clean



You have seen this advertisement in a magazine and you have decided to reply. You have made some notes on what you want to say. Look at your notes and then write to the magazine, telling them about young people's attitude to fast food.

For example:

Many young people in Greece like to eat fast food today because it is tasty and cheap. Young people can meet their friends and watch music programmes while they are eating in fast food restaurants.

Activity 18

QUIZ

True / false

1. Wheat was first grown only in Egypt.
2. The workers who built the Pyramids were paid in bread.
3. Bread is used daily by less than a third of the world's population daily.
4. Wheat can be found in every meal.
5. Fuel for cars can be made from sugar.
6. It is known that honey is the only food that cannot go bad.
7. Coffee was first drunk 300 years ago.
8. The name coffee is said to come from a Greek name meaning 'food of the Gods'.
9. Olive oil is used to make cosmetics
10. Greece has more varieties of olives than any country in the world.
11. Sugar can be made into a liquid to cure spots.
12. Sugar products can be used to cure hair problems.



Food for thought

Activity 19

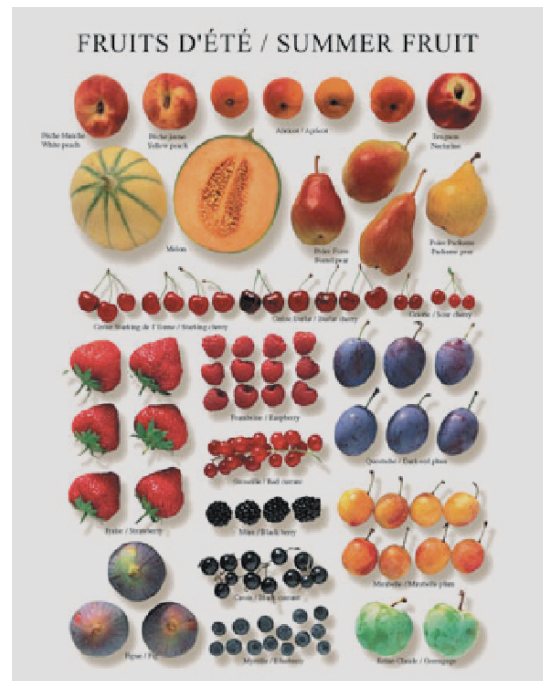
- a) Which of the quiz questions does NOT use a Passive form?
- b) Which statement in the Quiz has to do with protection of the environment?

Activity 20

Choose one of the statements for a title for a class discussion on Food from around the world. Make a list of the different topics to be discussed. Create a poster for your class.



Food Market



Revision

Activity 1

Complete each of the sentences with the appropriate verb in the box in the correct form.

express represent feel tell redecorate

- Interior home designers feel that red energy and life.
- Normally, you can a great deal about someone from the colours they wear.
- George a positive attitude towards his design classes.
- My friend Debbie has decided to her room as she doesn't like her pink walls anymore.
- The colours we choose in our lives help us to in tune with our environment and our emotions.

marks / 5

Activity 2

Complete the sentences with the correct verb in the box in the correct form.

turn dress slow jazz shy

- Helena wanted to up her room so she painted all the walls a different colour.
- When I wear a fancy dress costume, I can't walk very fast as it me down.
- Penny doesn't like paint and prefers to away from helping her father when he is redecorating her room.
- What are you going to up as for the carnival?
- Everyone up at 8 o'clock in preparation for the celebrations.

marks / 5

Activity 3

Make a response to the situations 1-5 by using an idiom in the box.

Like a black sheep It's a white elephant Once in a blue moon
Green with envy She saw red

- How did your sister react when you spilt paint on her jacket?
- How did the neighbours feel when they saw your new kitchen?
- How often does your dad repaint your bedroom?
- Nobody pays any attention to Celia. How does she feel?
- What do you think of the new airport in your village?

marks / 5

Activity 4

Complete each sentence by matching the appropriate adjective a-e to each noun in sentences 1-5.

a) ridiculous b) blonde c) ornate d) aristocratic e) sudden

- My aunt had a desire to dye her hair black.
- In Ancient Egypt the ladies wore make-up on their faces.
- Some kids wear the most colour T-shirts.
- Ifigenia has decided to get some highlights in her hair.
- In the Byzantine Empire, the ladies wore purple dresses and chlamys.

marks / 5

Revision

Activity 5

Complete each sentence by choosing the correct word a-e from the box.

of by onto into down

1. To make olive oil, the olives are ground a paste.
2. You need to apply pressure the top to open the bottle.
3. Many household products are made up chemicals.
4. The water ran the side of the bath when the girl filled it too much.
5. It's a ground apple but people call it different names.

marks / 5

Activity 6

Complete each sentence with a suitable noun from the box.

piece variety product source risk

1. Some people say his art is the of a deranged mind.
2. There is a high of heart disease when you eat junk food.
3. The old man was chewing a of sugar cane.
4. The olive oil company has received a of complaints about their oil.
5. The origin of sugar has remained a of fascination for centuries.

marks / 5

Test

Activity 7

Match the verbs on the left to suitable nouns on the right. There are more than one answer for some of the words.

- | | |
|------------|-------------|
| 1. relieve | a) paste |
| 2. produce | b) pressure |
| 3. grind | c) paste |
| 4. spread | d) rumors |
| 5. apply | e) olives |

1..... 2..... 3..... 4..... 5.....

marks / 5

Activity 8

For questions 1-5 complete the second sentence so that it means the same as the first. Use no more than three words.

- The farmer grew the olives in the mountain near his house.
The by the farmer in the mountain near his house.
- Today, people know the ground apple as the potato.
The ground apple the potato today.
- Sugar is used to make fuel as well as sweets.
Apart sugar is used to make fuel.
- Greece produces lots of olive oil.
Olive oil Greece.
- That restaurant is a bit expensive, so don't go there.
That restaurant is a bit on, so don't go there.

marks / 5

Total marks / 40