

**DIATHEMATIKON PROGRAMMA**  
**CROSS-THEMATIC CURRICULUM FRAMEWORK**  
**FOR HOME ECONOMICS**

**1. Teaching/learning aim**

The general aim of Home Economics is to assist in the development of individuals within the home, family and community environments. More specifically, Home Economics should give pupils opportunities to begin to understand human needs and wants, including food, clothing, shelter, safety, security and a sense of belonging to a family or community group and acquire the necessary skills and knowledge and develop an awareness of financial resources that will enable them to meet these needs for their family, for themselves and for other people, with the ultimate aim the improvement of life quality and the welfare of individuals, families and society . Therefore, it aims to contribute to the pupils’ harmonious and balanced physical, cognitive and affective development, so that regardless of their sex and origin they will be able to become well-rounded, creative and responsible individuals and contributing members of society.

**2. Content Guiding Principles, General Goals, Indicative Fundamental Cross-thematic concepts**

**Junior High school**

<b>Grade</b>	<b>Content Guiding Principles</b>	<b>General Goals (Knowledge, skills, attitudes and values)</b>	<b>Indicative Fundamental Cross-thematic Concepts</b>
<b>1<sup>st</sup></b>	<b>Family and social environment</b>	<b>Pupils should:</b> develop an understanding of the role of the family as the basic unit in society and its significance for democracy and the state;	<b>Individual-Group Change Interaction System</b>

		<p>be informed about the special characteristics of the Greek family;</p> <p>develop an understanding of the contributing role of the family in the child's upbringing and social development as well as in the development of cooperation and participation skills.</p>	<p><b>Tradition</b></p> <p><b>Space-Time</b></p> <p><b>Communication</b></p>
	<b>Family economic resource management</b>	<p>develop an understanding of family economic resources and identify the economic role of the family in society.</p>	<p><b>Individual-Group</b></p> <p><b>System</b></p> <p><b>Change</b></p> <p><b>Interaction</b></p>
	<b>Nutrition</b>	<p>understand the significance of food for survival in general and more specifically for body growth, maintenance, repair and activity;</p> <p>acquire the necessary knowledge about foods and food categories (food pyramid) and follow a balanced and varied diet.</p>	<p><b>Individual-Group</b></p> <p><b>Change</b></p> <p><b>Interaction</b></p> <p><b>Space-Time</b></p>
	<b>Health Education</b>	<p>become familiar with and learn to take good care of their body, keeping it clean and healthy;</p> <p>acquire daily hygiene habits;</p> <p>develop self-confidence and self-control in order to be able to make the right decisions.</p>	<p><b>Individual-Group</b></p> <p><b>Change</b></p> <p><b>Interaction</b></p> <p><b>Similarity-Difference</b></p> <p><b>Space-Time</b></p> <p><b>Communication</b></p>
	<b>Accident prevention</b>	<p>develop competence in recognizing, and preventing accidents occurring at</p>	<p><b>Individual-Group</b></p> <p><b>Change</b></p>

		home, in the playground, at the work place, in the street and acquire knowledge of first aids.	<b>Interaction</b> <b>Space-Time</b> <b>Communication</b>
	<b>Shelter</b>	understand human need for shelter;  understand the value of tradition in relation to shelter construction and develop their own aesthetic criteria;  explore types of shelter in a variety of settings.	<b>Space-Time</b> <b>Change</b> <b>Individual-Group</b> <b>Interaction</b> <b>Culture</b>
	<b>Clothing and textiles</b>	acquire general knowledge about clothing, its history, Greek clothing tradition, types of clothing and textiles; develop selection criteria.	<b>Culture</b> <b>Similarity-Difference</b> <b>Space-Time</b> <b>Change</b>
2 <sup>nd</sup>	<b>Home Economics and Greek Culture</b>	become familiar with their ancestors' life style;  understand the contributing role of Home Economics in Greek culture.	<b>Culture</b> <b>Space-Time</b> <b>Change</b> <b>System</b>
	<b>Resource management</b>	understand the importance of good resource management for improving family life quality.	<b>Individual-Group</b> <b>Change</b> <b>System</b> <b>Organization</b> <b>Communication</b>
	<b>Family financial resource management</b>	understand the characteristics of the three economic units (consumer, business/enterprise, state) and their contribution to the local or national economy; understand the principles and function	<b>System</b> <b>Individual-Group</b> <b>Change</b>

		of free market of goods and services.	
	<b>Consumer behavior</b>	develop awareness of family economic resources and develop money management skills.	<b>System</b> <b>Individual-Group</b> <b>Change</b> <b>Space-Time</b>
	<b>Food and diet</b>	acquire healthy eating habits essential to the maintenance of physical health and well-being;  develop competence in recognizing and preventing health problems, including the spreading of disease that can seriously harm or even cause death to the population.	<b>Individual-Group</b> <b>Change</b> <b>Space-Time</b> <b>Interaction</b> <b>Similarity-Difference</b>
	<b>Ecology-Natural and human made environment</b>	develop an understanding of the human-made environment and become aware of the effects of human activity on the natural environment.	<b>Change</b> <b>Space-Time</b> <b>Interaction</b> <b>System</b> <b>Culture</b>
	<b>Modern Ecotechnology</b>	reflect on modern ecotechnology and its positive and negative effects for the Greek family.	<b>Change</b> <b>Interaction</b> <b>System</b> <b>Culture</b>
	<b>Home Economics-Health Education</b>	become informed about the causes and ways of transmission and prevention of the most common illnesses and diseases;  develop positive attitudes towards the ill and the people with special needs.	<b>Individual-Group</b> <b>Change</b> <b>Space-Time</b> <b>Interaction</b> <b>Similarity-Difference</b> <b>Communication</b>
	<b>First aids</b>	acquire knowledge about medicines	<b>Individual-Group</b>

		and their beneficial and harmful effects; acquire first aid skills.	<b>Change</b> <b>Space-Time</b> <b>Interaction</b>
	<b>Preparation for the future</b>	develop an understanding of the role of the family as the basic social unit, and their roles and the roles of others as members of a family, together with the requirements for successful participation in family life.	<b>Individual-Group</b> <b>Change</b> <b>Interaction</b> <b>Culture</b>

